


**LABORATORY REPORT**
**RIQAS**
**PATIENT NAME : MRS DILANKA JAYAWARDANA**
**AGE : 38 Y 0 M 0 D BILL NO : 251914 (Cash [Full])**
**GENDER : Female REPORT DATE & TIME : Tue 22 Sep, 2026 11:54 AM**
**SPECIMEN : Serum SAMPLE DATE & TIME : Tue 22 Sep, 2026 08:17 AM**
**REFERRED BY : Self Requested**
**CENTER : COOP-HOSPITAL MATARA**
**LIPID PROFILE**

| TEST                     | RESULT     | UNIT  | REF. RANGE |
|--------------------------|------------|-------|------------|
| <b>TOTAL CHOLESTEROL</b> | <b>216</b> | mg/dL | 150-200    |
| <b>TRIGLYCERIDES</b>     | <b>114</b> | mg/dL | 50-150     |
| <b>HDL-CHOLESTEROL</b>   | <b>48</b>  | mg/dL | 40-60      |
| <b>LDL-CHOLESTEROL</b>   | <b>145</b> | mg/dL | 0-130      |
| <b>TOTAL CHOL/HDL</b>    | <b>4.5</b> |       | 0-3.8      |

**Cholesterol and Lipoprotein Target Level**

|                                  | Desirable levels<br>(Low risk for CHD) | Borderline levels<br>(Average risk for<br>CHD) | High levels<br>(High risk)             |
|----------------------------------|----------------------------------------|------------------------------------------------|----------------------------------------|
| <b>Total cholesterol</b>         | < 200 mg/dl                            | 200-239 mg/dl                                  | > 240 mg/dl                            |
| <b>HDL cholesterol</b>           | > 60 mg/dl                             | 40-59 mg/dl (men)<br>50-59 mg/dl (women)       | < 40 mg/dl (men)<br>< 50 mg/dl (women) |
| <b>Triglycerides</b>             | < 150 mg/dl                            | 150-199 mg/dl                                  | > 200 mg/dl                            |
| <b>LDL cholesterol</b>           | < 130 mg/dl                            | 130-159 mg/dl                                  | > 160 mg/dl                            |
| <b>Cholesterol/HDL<br/>ratio</b> | < 3.4                                  | 3.4-5.7                                        | > 5.7                                  |

Lipid levels for individuals with CHD or CHD risk equivalents (CHD- Coronary artery disease)

|                          |             |               |             |
|--------------------------|-------------|---------------|-------------|
| <b>Total cholesterol</b> | < 170 mg/dl | 170-200 mg/dl | > 200 mg/dl |
| <b>LDL cholesterol</b>   | < 100 mg/dl | 100-130 mg/dl | > 130 mg/dl |

Dr. Thushari Vithanage  
MBBS, PG Dip. Path & MD (Chemical Pathology)  
Consultant Chemical Pathologist  
DGH Matara

Dr. Dileepa Amarasekiriya  
MBBS, D. Path, MD (Haematology)  
Consultant Haematologist  
DGH Matara

Dr. N J Pittigalage  
MBBS, Dip. Microbiology, MD. Microbiology  
Consultant Microbiologist  
DGH Matara

  
Medical Laboratory Technologist

No 223, Kumarathunga Mawatha, Matara  
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Tel : +94(0)412232893

Manage by MarCoop health care products private Ltd.

Email: cooplabmatara@gmail.com

Web: www.cooperativehospitals.lk